

Our Mission is...

“To provide skills training and supports to parents with developmental disabilities to strengthen and maintain the family—while promoting development of responsible parenting and care for each child.”

Program Philosophy

We support adults with developmental disabilities to participate in information gathering and training when planning a family—which ultimately serves to enhance their quality of parenting and love towards their children—while safely preparing and caring for their children.

We provide supports which...

- Recognize the need for parents to learn and improve their skills and respond to the needs of their children.
- Build trusting relationships between parent and child and to those who provide them supports.
- Identify the need of parenting skills to evolve to the child's changing needs.
- Reflect the full range of components of effective support programs—including in-home visits, assistance with daily living skills, and access to nutritional resources.



Parents will learn to...

- Understand the stages of pregnancy, initiate pre-natal vitamins, and attend childbirth classes.
- Provide to their child a safe sleeping area to reduce the risk of death or injury to falls or accidental suffocation.
- Child-proof the home; provide proper supervision, remove sharp objects, and install baby gates where appropriate.
- Care for newborn by providing sponge or tub bathing, diapering, umbilical cord care and dressing.
- Choose between breastfeeding and using formula; learn ways to prepare and properly administer either method of feeding and the overall benefits of both.
- Provide the best method of care for a crying newborn.

Special Parenting Services Offered

- 24-hour parent and family assistance
- Pre-natal care support
- Baby hospital discharge preparedness
- Complete family planning and emergency contraception assistance
- Pediatric and medical appointment support
- Short/long term parenting goal planning
- Baby care assistance—bathing/feeding
- Mobility training/transportation support
- Child care enrollment support
- Safety and home maintenance skills training
- Family counseling and drug treatment referrals and support
- Generic resource's program assistance
- Parent support group facilitation
- Family reunification and court support
- Daily living skills support (budgeting, shopping, meal preparation, etc.)



Benefits: Promoting positive outcomes

- Parents will become familiar with safe sex practices and birth control options to reduce number of subsequent unwanted pregnancies.
- Pregnant mothers will promote healthier babies and will be able to schedule regular preventative medical appointments post birth.
- Parents will become responsive to the needs of their children and will establish good rapport.
- Parents become familiar with parenting support groups and are capable of independently accessing them.
- Parents learn to become self-advocates in various community settings (e.g., school IEP meetings, doctor visits, children’s court, etc.).



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SOLUTIONS PLUS SERVICES, INC.



PARENTING SUPPORT SERVICES PROGRAM

Vendor #PX0501

A training service on parenting skills for individuals diagnosed with a developmental disability—ensuring complete child care and reduced risk of neglect—through positive and stimulating parent-child interaction.